

# Sofia Allegra Crespi

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## Personal Information

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Name: **Sofia Allegra**

Surname: **Crespi**

Address (domicile): **via B. Lanino 5, 20144, Milan**

Country: **Italy**

Nationality: **Italian**

Date of birth: **09/08/1977**

Place of birth: **Milan (Italy)**

Phone: + 39 333 4682294

E- mail:

[crespi.sofiaallegra@gmail.com](mailto:crespi.sofiaallegra@gmail.com)

[screspi@bainstitute.it](mailto:screspi@bainstitute.it)

PEC:

[sofia.crespi@psypec.it](mailto:sofia.crespi@psypec.it)



## Work Experiences

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- ✓ 2021-today: co-Head of CIP-TMS - Italian Psychotherapy Clinics -Transcranial Magnetic Stimulation. Psychotherapist, TMS operator.
- ✓ 2020- today: Contract Professor at Vita-Salute San Raffaele University, Milan.
- ✓ 2017-today: Managing Partner BAI, BAI BUSINESS AWARENESS INSTITUTE– Milano – Via Foppa, 4 – [www.bainstitute.it](http://www.bainstitute.it). Advisory activity, Coaching and Training.
- ✓ 2017-today: Advisor and Member of the Scientific Committee THE COACHINGGROUP SRL – Milano – Via dei Pellegrini, 18 – [www.coachinggroup.it](http://www.coachinggroup.it).
- ✓ 2014-2020: Assistant Professor (RTD) at Vita-Salute San Raffaele University, Milan.
- ✓ 2014-2020: Psychotherapy and Research Activities at SAN RAFFAELE TURRO, San Raffaele Hospital – via Stamira d’Ancora, 20 – Milano, Department of Psychotic Disorder and Department of Eating Disorder.
- ✓ 2009-today: Psychotherapy Activities at Studi Cognitivi – Milano – Foro Buonaparte ,57.
- ✓ 2005-2014: *Founder and Project Manager 2Easy*. Strategic consultant in the field of web and interface development.

## Education

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- ✓ 2002- Degree in Psychology, Vita-Salute San Raffaele University, Milan.
- ✓ 2008- Ph.D. in Experimental Psychology, Linguistic and Cognitive Neuroscience, University of Milano-Bicocca
- ✓ 2008-Graduation in Cognitive Psychotherapy at the Studi Cognitivi in Milan (Dr. S Sassaroli).
- ✓ 2009-2010: Research fellowship at the Department of Psychology, University of Florence (Prof. AC Burr).
- ✓ 2010-2011: Research fellowship at the Neuroscience Institute, CNR, Pisa (Prof. AC Burr).
- ✓ 2011-2012: Post-doc at the Stella Maris Foundation in Pisa (Prof. MC Morrone).
- ✓ 2012-2013: Post-doc at the Neuroradiology Department (CERMAC) of San Raffaele Hospital / Vita-Salute San Raffaele University (Prof. A Falini).
- ✓ 2021-Coach Training, The Neuroscience Coaching School (The NCS), approved by the ICF International Coaching Federation.
- ✓ 2022-MCT Masterclass 2022, training program organized by the Metacognitive Therapy Institute of Manchester/Trondheim (MCT-I) (Dr. Adrian Wells & Dr. Hans M Nordahl). On Going.

## TEACHING ACTIVITIES

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At Vita-Salute San Raffaele University she lectured in the courses of Sensory Systems, Psychology of Perception, Neurobiology of the Vision System, Psychobiology of Action and Perception, Neuroanatomy, Theories and Methods in Neuroscience, Applied Cognitive Psychology, Neuroscience in Organizations.

## RESEARCH PROJECTS AND AWARDS

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Italian and International Research Projects:

- ITA Project Ricerca Finalizzata (2016)
- ITA Project FIRB Project – RBF1332DJ (2014)
- EU Project CE-STANIB (Space, Time and Number in the Brain) (2009)
- EU Project CEE-MEMORY (2008)
- EU Project E-TRACKING (2005)

2011 - SOI Award

## SCIENTIFIC PUBLICATIONS

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- ✓ Sofia Crespi & Giorgia Franceschini; “Lock-Down e poi? Modello Nuova Primavera: immagine degli Italiani in quarantena”; T-Cop Edizioni di The Coaching Pros srl; 2021.
- ✓ Giuliani M., Martoni R.M., Crespi S. A., O’Neill J., Erzegovesi S., de’Sperati C., Gregori Grgic R.; “Did i do that? Cognitive flexibility and self-agency in patients with obsessive compulsive disorder”; Psychiatry Research; 2021.
- ✓ Mikellidou K., Arrighi R, Aghakhanyan G., Tinelli F., Frijia F., Crespi S., De Masi F., Montanaro D., Morrone M.C.; “Plasticity of the Human Visual Brain after an early cortical lesion”; Neuropsychologia; 2018.
- ✓ Giuliani M., Martoni R.M., Gregori Grgic R, Crespi S. A., Cavallini M.C., & de’Sperati C.; “How as done it? Exploring Gaze Agency in Obsessive Compulsive Checkers”; Frontiers in Integrative Neurosciences; 11:39.; doi: 10.3389/fnint.2017.00039; 2017.
- ✓ Gregori Grgic R, Crespi S. A. & de’Sperati C.; “Assessing Self-Awareness through Gaze Agency”; Plos One; 11(11): e0164682, 2016.
- ✓ Biagi L., Crespi S., Tosetti M., Morrone M.C.; “BOLD Response selective to flow-motion in very young infants”; Plos Biology; 13(9):e1002260, 2015.
- ✓ Boccignone G., Ferraro M., Crespi S., Robino C.,& de’Sperati C.; “Detecting expert’s eye using a multiple-kernel Relevance Vector Machine”, Journal of Eye Movement Research 7(2):3, 1-15, 2014.
- ✓ Crespi S., C. Robino, Silva O., de’Sperati C.; "Spotting expertise in the eyes: billiards knowledge as revealed by gaze shifts in a dynamic visual prediction task", Journal of Vision. Oct 31; vol 12 num 11 article 30, 2012.
- ✓ CC. Robino, Crespi S., Silva O., de’Sperati C., 2012, “Parsing visual stimuli into temporal units through eye movements”; Eye Tracking Research and Applications Symposium (ETRA) , pp. 181-184.
- ✓ CCrespi S., Biagi L., d’Avossa G., Burr D.C., Tosetti M., Morrone M.C., “Spatiotopic coding of BOLD signal in human visual cortex depends on spatial attention”, Plos One, 6 (7), 2011. D’Avossa G., Tosetti M., Crespi S., Biagi L., Burr DC., Morrone MC; “Spatiotopic selectivity of BOLD responses to visual motion in human area MT”, Nature Neuroscience, 10 (2): 249-255, 2007.
- ✓ MMelcher D., Crespi S., Bruno A., Morrone MC; “The role of attention in central and peripheral motion integration”, Vision Research, 44, (12): 1367-1374, 2004.